New Ang Mo Kio Family Medicine Clinic brings Quality Healthcare Closer to Residents


One-Stop Convenience

2 The FMC with its larger setting allows the team of qualified Family Physicians, nurses and other healthcare professionals to provide personalized and enhanced care with one-stop convenience. Patients can ask to see the same doctor each time they visit, and waiting time is now shorter, thanks to an appointment booking system. And, since the FMC is conveniently located in the neighbourhood – at 4190, Ang Mo Kio Ave 6, #03-01 Broadway Plaza – less than 10 minutes’ walk from the Ang Mo Kio Polyclinic, patients also save on time and transport cost.

3 In addition, patients who qualify for the Community Health Assist Scheme or CHAS will be able to receive subsidized care at the FMC. Patients can also use their Medisave to pay for their chronic disease treatment – such as diabetes and hypertension – under the Chronic Disease Management Programme. The FMC also sees both walk in patients and those referred from NHG institutions such as Tan Tock Seng Hospital.

4 “This FMC is timely given the increasing number of patients with chronic ailments,” said NHG Group CEO Professor Chee Yam Cheng. “As NHG develops the Central Regional Health System, this win-win partnership with Parkway Shenton will enable us to leverage on each other’s strengths and provide Ang Mo Kio residents – as well as the Central region population – with more comprehensive care in the community for patients with chronic illnesses.”
5 Besides the two full-time qualified Family Physicians (FPs) provided by Parkway Shenton, the FMC is staffed by experienced nurses, allied health professionals, pharmacy and laboratory technicians, care facilitators and operations staff.

6 Dr Koh Hau-Tek, Medical Director of Parkway Shenton, said: “We are happy to once again play our part and contribute to new initiatives in public healthcare. Through this collaboration with the National Healthcare Group, we will be able to share our expertise in family medicine with the multi-disciplinary team at the FMC. We look forward to making the FMC a valued healthcare resource for the people of Ang Mo Kio and the Central region.”

7 NHG’s flagship acute care hospital – Tan Tock Seng Hospital – has a shared care programme with AMK FMC which will equip the FPs practising there with the necessary knowledge to effectively manage stable chronic patients in a primary care environment, instead of being reviewed routinely in TTSH’s Specialist Outpatient Clinics. Professor Chee Yam Cheng added: “Come June, stable patients – with conditions such as asthma, hypothyroidism and depression – who live in Ang Mo Kio may choose to be reviewed in AMK FMC for their chronic conditions. This gives our patients access to quality care at greater convenience.”

**Diverse services and treatments**

8 AMK FMC offers a comprehensive variety of treatments and healthcare services supported by pharmacy and basic laboratory services under one roof. These services include treatment of common ailments such as cough and cold, aches and pain, the chronic diseases covered by CHAS – such as asthma, stroke, diabetes and hypertension – as well as diabetic foot screening and retinal photography. The full list is in the Annex.

9 School cleaner Mdm Neo Seow Wee, 71, was one of the first patients to visit the new FMC. “It’s very nice, not crowded at all and the waiting time is short,” enthused the grandmother of four. She has been on hypertension and high cholesterol medication for the last three years and was an Ang Mo Kio Polyclinic patient before she came to AMK FMC for more personalized care. Mdm Neo also has heart failure.
Encik Kamari bin Hassan, 82, likes the fact that he can always see the same doctor for every visit to AMK FMC. “It’s better so the same doctor knows all about my medical history,” the retired mechanic and grandfather of 20 said in Malay. Encik Kamari has been taking medication for his high blood pressure, diabetes and high cholesterol for the last two years. He was also impressed that his Family Physician Dr Gilbert Yeo spoke fluent Malay so communications was a lot easier.

The Family Medicine Clinic is part of Government’s plan to provide continuing care in the community and support GPs in enhancing care for our rapidly ageing population. The Ministry of Health has announced that four FMCs, including Ang Mo Kio, will open this year.

About the National Healthcare Group
The National Healthcare Group (NHG) is a leader in public healthcare in Singapore, recognised at home and abroad for the quality of our medical expertise and facilities. Care is provided through an integrated network of nine primary healthcare Polyclinics, acute care hospital, national specialty centres, and business divisions. With our legacy of medical expertise, NHG aims to provide care that is patient-centric, accessible, seamless, comprehensive, appropriate and cost-effective.

NHG’s vision of “Adding years of healthy life” is more than just about healing the sick. It encompasses the more difficult but infinitely more rewarding task of preventing illness and preserving health and quality of life. The NHG family comprises Tan Tock Seng Hospital, Institute of Mental Health, National Healthcare Group Polyclinics, and National Skin Centre with business units NHG College, NHG Diagnostics, NHG Pharmacy, the Primary Care Academy and Johns Hopkins Singapore. More information is available at www.nhg.com.sg.

About Parkway Shenton
Parkway Shenton is a leading primary healthcare provider in Singapore, operating over 60 GP clinics, in-house clinics for corporate clients, Executive Health Screeners, Accident and Emergency Departments/24-hour clinics, Japanese clinics and a Wellness Centre for Women. Along with its sister companies, Shenton Insurance and iXchange, Parkway Shenton combines its core competencies of professional medical care with healthcare insurance and third-party healthcare administration and claims services to give clients a total healthcare solution. More information is available at www.parkwayshenton.com.
Names in Chinese Characters

Professor Chee Yam Cheng
Group Chief Executive Officer
National Healthcare Group

Ms Grace Chiang
Managing Director
Ang Mo Kio Family Medicine Clinic

Dr Koh Hau-Tek
Medical Director
Parkway Shenton

Ang Mo Kio Family Medicine Clinic

For media queries, please contact:

Lim Phay-Ling
Deputy Director, Group Corporate Communications
National Healthcare Group
Direct: 6496 6261
Email: phay_ling_lim@nhg.com.sg

Jaslin Lim
Group Communications
Parkway Pantai Limited
Direct: 6349 5750
Email: jaslin.lim@parkway.sg
ANG MO KIO FAMILY MEDICINE CLINIC SCOPE OF SERVICES

The Ang Mo Kio Family Medicine Clinic offers a comprehensive range of treatments and services which include:

- **Common Ailments**
  We treat and manage a wide range of common conditions including: Common cold and flu, Aches and pains, Gastric discomfort, etc.

- **Chronic Care**
  The Community Health Assist Scheme (CHAS) covers the treatment of chronic diseases such as:
  - Asthma,
  - Bipolar disorder,
  - Chronic Obstructive Pulmonary Disease (COPD),
  - Dementia,
  - Depression,
  - Diabetes,
  - Hypertension or high blood pressure,
  - Lipid disorders (e.g. high cholesterol), and
  - Stroke
  Diabetes, hypertension, high cholesterol and asthma are the more common chronic conditions handled at the AMK FMC.

- **Diabetic Foot Screening (DFS)**
  A trained nurse will do diabetic foot screening. Early identification and intervention will help prevent complications and reduce the risk of amputation.

- **Diabetic Retinal Photography (DRP)**
  Diabetic Retinal Photography (DRP) screening is available to detect retinopathy and prevent blindness. The DRP screening is carried out by trained nurses.

- **Dietetic Services**
  Dietitians provide nutrition therapy to patients with a variety of health conditions, and develop individual plans for the patient and family members/caregivers.

- **Treatment Procedures**
  The various treatment procedures include nebulization for acute asthma attacks, wound dressing and the removal of stitches.

- **Pharmacy Services**
  Our pharmacists dispense and can help manage your medications, as well as provide advice on travel health needs, smoking cessation, anticoagulation therapy and other chronic conditions.

- **Laboratory Services**
  Electrocardiogram, blood work and basic lab tests are performed by a trained medical technologist to provide doctors accurate and timely lab results for diagnosis.