

An Unexpected Calling

LIM CHOW HIANG
Nurse Manager
Gleneagles Hospital

As a young woman, nursing was not on the cards for Lim Chow Hiang. With her active and adventurous personality, she had her heart set on becoming a traffic policewoman. But her interest was sparked when her sister decided to make a mid-career switch from a clerical job to nursing. Four decades later, Chow Hiang is a Nurse Manager with Gleneagles Hospital and a role model to many young nurses.

"I see myself as a mother to my juniors. I recognise that they have different personalities, strengths and weaknesses. When I am interacting with them, the same approach may not work with everyone. Instead, I strive to be a friend to them, and to always be fair and just when it comes to reward and recognition," she said.

"I am grateful to have been given many opportunities to grow as a professional. I made the most of it by being proactive in acquiring new knowledge and skills."



In her words...

"The first piece of advice that I received as a junior nurse some 30 years ago was that caring for others begins with caring for yourself. Nurses need to be healthy, not only so that we can take on the physically demanding aspects of our work, but also to set a good example for our patients. Those wise words have inspired me to stay fit and active. Even when I am busy or tired, I try to make time for my favourite sports—swimming and racquet games."

"Nursing is a single profession with many career paths. With a love for patients, a passion to learn and the drive to succeed, the sky is our limit."