

CARING IS CONTAGIOUS

Dylia Syahniza's love for nursing is so palpable that she unknowingly inspired her best friend to join the profession too.

"I didn't know that I was part of the reason why my best friend and her twin sister decided to become nurses until sometime later. They said it was because I look so happy doing what I do. If they had sought my advice beforehand, I would have asked them if they were sure

that this is what they want. I think that's really important because nursing is tough and the only thing that will sustain you in the long run is self-motivation," she said.

"The ward environment can be very challenging for those new to it. For my junior nurses, I do my best to guide them by lending a listening ear whenever they need support and make sure that they know that they are never alone."

DYLIA SYAHNIZA SAMSUL BAHROM

Nurse Clinician
Parkway East Hospital

All About Dignity

Nurses learn not only from textbooks but also from experience and from patients. Early in her career, Dylia encountered a patient who said to her, "Teach your nurses to have pride and dignity in what they do."

That was when she realised that patients can tell the difference between a competent nurse and a caring one. Inspired, Dylia now encourages her junior nurses to care for patients the way they would care for their own parents.

"I teach them to attend not only to patients' requests but also to their unspoken needs by being observant. People may forget what you say and do, but they won't forget how you made them feel," she said.

